



# SPRINGDALE PREP SOCCER

*In partnership with GESP Education*

## YEAR-ROUND PROGRAMMING



### Soccer at Springdale Prep

Springdale Prep soccer is dedicated to the development and long-term growth of each of their student-athletes. By cultivating hard work, commitment, and skills development, Springdale Prep looks to provide the best opportunities for students to have a year-round soccer experience where the athlete can compete and prepare themselves for college soccer and beyond.

#### Year-Round Model

Dedicated student-athletes maintain their athletic pursuits alongside their academic studies.

#### Player Development

Tailored programming for lasting skill development and game comprehension.

#### College Exposure

Exclusive access to college scouts at premier tournaments and showcases.

# WHAT WE OFFER

## Program Details

### Year-Round Model

- **Competition Seasons (Fall, Winter, Spring):** A structured progression of competitive leagues across the fall, winter, & spring seasons, focusing on skill development and tactical refinement.

### Player Development

- **Daily Training:** Personalized training plans tailored to individual player needs, focusing on technical skills, tactics, & small-sided games (4-5 days/week).
- **Strength & Conditioning:** Enhanced athletic performance through supervised strength & conditioning programs (2-3 days/week).
- **Film Review:** Regular & thorough review of game footage, focusing on individual & team performance.

### College Exposure

- **College Recruitment:** We ensure our players are well-prepared to pursue their collegiate soccer aspirations.
- **Academic Support:** Comprehensive academic support services to help student-athletes meet & exceed academic standards for college soccer.



Send interest inquires to [jordan.carver@gespeducation.com](mailto:jordan.carver@gespeducation.com)!